

# Nurse-Leader Rounding Skills

(180 perceptive minutes)

Presented by *Colleen Sweeney*

**Nurse Leader Rounding** (with patients) is the one best practice that can tie all other best practices together.

**Effective leader rounding** can eliminate the need to always “react” and the feeling that you’re constantly “putting out fires.” When done well, it supports team members and holds them accountable, ensures that patients are privy to their plan of care, and allows nurse leaders to track department and organizational initiatives in real time.

The use of **communication boards** will also be part of the skills training. One of the most **underused** and **misunderstood** tools available, communication boards grew in popularity in 2007 when The Joint Commission declared that one of their **patient-safety goals** was to engage patients in their care. The problem is that the boards came with **NO instructions**, and little research has been done on their use!

In a **three-hour session**, nurse leaders will **discover** how focused nurse-leader rounding, in combination with communication boards, can benefit patients, team members, and leaders themselves.

**The session is a combination of didactics, discussion, instructional materials and skills practice.**

# Video-Coaching Skills Lab for Nurse Leader Rounding

(60 coaching minutes per person)

Coaching by *Colleen Sweeney & Steve Widder*

In this relaxed and safe environment, nurse leaders have an opportunity to be coached in person as they try out their newly acquired skills. A video recording of the session will be shown to both the nurse leader and Colleen.

This type of hands-on coaching is very powerful and eye-opening for participants. The time per session can vary from 45 to 60 minutes. (Even leaders who are doing well like to find out what they are doing right and what they can improve on.) Participants will receive a written coaching summary of each session via e-mail.

Coaching Includes:

- **Video recording of nurse-leader rounding (in simulation room)**
- **One-on-one feedback and coaching**
- **Face-to-face debriefing on development plan**
- **Coaching summary (via e-mail) to each participant**
- **Unlimited e-mail support**
- **Optional: Post-video follow-up (45 days later)**

Note: All audiovisual equipment is provided by Sweeney Healthcare Enterprises. Video of the session is downloaded for immediate review by the nurse leader and Colleen, and is saved as a point of comparison to the next session. (Note: A patient room or a skills/simulation lab is necessary.)